

Mollie: Stronger than ever!

Mollie talks to us about life, confidence and living with a stoma

We recently had the pleasure of catching up with **Mollie Pearce** - influencer, advocate of SenSura Mio in Black and Brava® supporting products, and all-round ray of sunshine.

She told us about her experience of using Coloplast's SenSura Mio in Black, how she's grown in confidence and what she's looking forward to this year.

Mollie, stoma bags come in all shapes and colours, but SenSura Mio in Black seems to have a distinct vibe. You've a keen eye for fashion, how has this product complemented your personal style?

I think having the choice in colour has made such a difference! I absolutely love being able to match my stoma bag to my outfit or bikini and it makes me feel more put together in a weird way. Even if no one else can see it I still feel good! I feel like the black bag looks chic.



You've been using SenSura Mio for a year now, what's one unexpected perk you've discovered about living with a black stoma bag?

How invisible it can be even under light colours! I was worried with the colour it might be more visible but that hasn't been the case at all.

For many, stoma bags become an invisible part of daily life. How has SenSura Mio influenced your daily routine and has it affected your confidence?

Yes! My confidence has grown massively with my black bag and I show Sid off so much more. I love matching it to my bikini or underwear as it makes me feel good and put together. I also think it looks quite cute poking out the top of my jeans! It's helped me accept my stoma more. SenSura Mio feels more ME!

What are some common misconceptions you've heard about stoma bags, and how has SenSura Mio helped you address these?

People think you can't swim with a stoma bag! I've felt more confident wearing a bikini with my black stoma bag so people have seen me swimming with it! Also that stoma bags smell, this definitely isn't the case!

Can you share when someone's reaction to your SenSura Mio bag has led to an enlightening conversation about life with a stoma?

I was on holiday with my bag out and a couple actually thought it was a bum bag I was keeping my valuables in when I was swimming. When they asked, we ended up having a long conversation about it and I feel they learnt a lot! We did have a laugh when they realised it was poo in the bag and definitely not my house keys!

Looking ahead, how do you envision the evolution of stoma bag designs impacting the lifestyles of ostomates and ileostomates?

I would absolutely love to see more colours in the future and maybe even some cool designs! I think it would be fun to see our stomas as a cute little accessory that we can have fun with and play dress-up.

If you had to describe SenSura Mio in Black using a fashion metaphor, what would it be, and why?

It's the little black dress of ostomy care - sleek, discreet, and goes with everything!

Finally, is there a new hobby, interest or sport you're looking forward to starting as the lighter evenings return?

I've set myself a massive charity challenge to walk five marathons in five days for Crohn's & Colitis UK so I think the only hobby I'll have time for is walking!



Mollie recently celebrated five years since her stoma surgery

Tap here to support Mollie in this brilliant cause and donate to Crohn's & Colitis UK.

We'll be cheering you on all the way, Mollie!