

Reintroducing our Peristeen[®] Anal Plug

Step-by-step guide

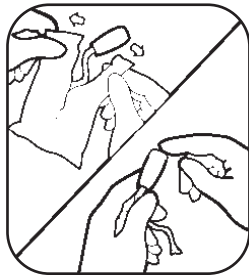


Designed to help make life a little easier

Living with faecal incontinence can be incredibly challenging. Luckily, the Peristeen® Anal Plug is back. The Peristeen® Anal Plug is compressed to a compact size and wrapped in a clear water-soluble film for easy insertion. And whether it's used between transanal irrigations or on its own, it can help you regain control and restore a sense of security in your everyday life. Once inserted, it can be worn up to 12 hours.

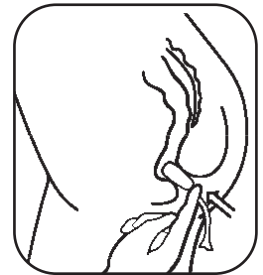
1. Preparation

Wash your hands and remove the plug from the packaging. Apply a small amount of Peristeen® Anal Plug gel to the tip of the plug. The gel is included in the box, but other lubricants may also be used.



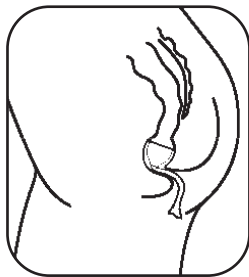
2. Insertion

Relax your muscles and gently insert the plug just past the muscular opening of the rectum so that the entire plug is placed inside. Leave the gauze outside the body for easy removal.



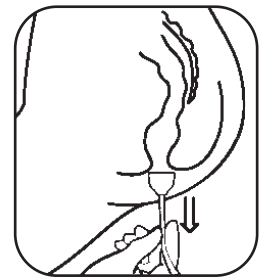
3. Use

Once in place, the plug will quickly expand to its full size as the film dissolves.



4. Removal

The plug is removed from the rectum, by gently pulling the gauze. After disposal, wash your hands.



Help and advice when you need it



We understand that living with a bowel disorder is challenging but remember you're not alone. Our team of fully trained and CQC regulated Clinical Assistants are here to support you with Peristeen Anal Plug. Contact our dedicated team on:

Email: patientsupportbm@coloplastcharter.co.uk



England & Wales: 0800 132 787
Scotland: 0800 917 8839
Northern Ireland: 0800 581 220
Mon - Fri: 8am - 6pm
Sat: 9am - 12.30pm



Scan here to view the Peristeen Anal Plug how to use video

Visit : www.coloplastcharter.co.uk/products/bowel



Before use, always consult the Instructions-for-use document delivered with the products or visit <https://docshub.coloplast.com/ifus/>

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