A patient-centred approach to wound management

This application and cutting guide has been developed by professionals with expertise in chronic wounds and dressing techniques who have provided the information to guide professionals for dressing wounds. The application of a healing situation on a patient’s wound management plan will be context specific. One important goal may be to facilitate better skin healing by providing the appropriate environment for dressing to proceed. However, it is essential to take all the patient’s individual factors into account, such as the wound’s location and stage, and patient goals and beliefs before making the dressing decisions.

Patient-centred care is important to keep in mind when dressing specific areas, such as ears, fingers, heels, buttock, and axilla. A variety of different heel dressings is available, and there are different heel dressings available depending on the size and shape of the heel. There is a variety of different sacral dressings available for different areas, and each dressing is designed for a specific location. There are also different dressings available for the axilla area. The dressings are designed for the specific areas and are chosen based on the size and shape of the area.

For small wounds on and between fingers, a thin hydrocolloid dressing can easily be cut into strips to fit the wound. For wounds between the fingers, a hydrocolloid dressing should be used as a primary dressing and a secondary dressing to secure the foam dressing. For wounds caused by oxygen tubing, use a small piece of alginate underneath. For wounds on the hand, the hand should be moulded, and the remaining dressing should be smoothed over the hand. For wounds on the hand, the hand should be moulded, and the remaining dressing should be moulded over the hand.

General Notes

• Always check the cause of the wound.
• Follow your local infection control guidelines to prevent acetic acid infections, in case of infections, use an appropriate antimicrobial treatment.
• Please ensure to use only a pair of sharp scissors.
• When cutting dressings, always round off the edges for better adhesions.
• For adhesive dressings, use the backing film as a template for the exact application on your patient.
• For non-adhesive dressings, use a template on the pouch.
• Do not apply dressings with tension as this may cause blistering.
• Although some dressings might provide padding and reduction in friction, they do not relieve pressure.

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References:
1. Sibbald, R.G. et al, Preparing the Wound Bed 2003: Focus on infection and inflammation, Infection and inflammation in the area of tissue viability, some wounds remain a challenge.
### Biatain – How to use

**Step 1: Preparation**
- **For the hallux toe and for inter-digital ulcers:**
  - Remove any secondary dressing.
- **For other inter-digital areas, cut a ‘template’-shaped hydrocolloid dressing using the template provided with the Biatain dressing.**
- Secure the Biatain dressing to the skin using the Biatain Soft-Hold with secondary dressing.
- For the tip of the toes and for inter-digital areas, remove both sides of the dressing.
- For the hallux toe and for inter-digital ulcers, remove the backing paper.
- Fold the dressing in a 90º angle between the "arrow head" and "arrow tail". Let the "arrow" point towards the toes and "arrow tail" first. Remove the release films one by one and fix the sides carefully, in order that the foam parts of the dressing are facing the skin. Then press all over and fix the "arrow tail" first. Remove the release films one by one and fix the sides carefully, in order that the foam parts of the dressing are facing the skin.
- Secure the Biatain® Non-Adhesive and Biatain Soft-Hold with secondary dressing.
- Additional fixation is required.

**Step 2: Application**
- **Change every clinically indicated interval (e.g. weekly):**
  - Use the slimmest dressing possible.

**Step 3: Fixation**
- **With Biatain® Soft-Hold and Adhesive remove the backing paper:**
- **For the tip of the toes and for inter-digital areas:**
  - Secure with tubular gauze.
- **For the hallux toe and for inter-digital ulcers:**
  - Use a foam dressing.
- **If using Biatain® Adhesive gently take the corner and stretch trimming the Biatain Plus and Comfeel® Plus Transparent.**
- **This step also applies when using Comfeel® Plus and Comfeel® Plus Transparent.**
- **If using Biatain® Adhesive:**
  - Gently take the corner and stretch trimming the Biatain Plus and Comfeel® Plus Transparent.
- **Cut slits into a Biatain® Adhesive Shapes.**

**Step 4: Change**
- **Change when clinically indicated depending on levels of exudate (usually when it reaches 1 to 2 cms from edge or a secondary dressing).**

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- Pia Carlsen, RN, Denmark

Contact your local Coloplast territory manager for more information on the Comfeel® and Ibu range.

### Wound care product codes

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<th>Product Code</th>
<th>Description</th>
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### Application and Cutting Guide

**Biatain® – the simple choice**

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